

Christy L. Gendron, DAT, ATC

Education:

- June 2014 – Aug 2016** **Doctorate in Athletic Training**
University of Idaho, Moscow, ID
Advanced Clinical Doctor of Athletic Training (DAT)
- July 2008 - Aug 2009** **Master of Science Degree**
California University of Pennsylvania, California, PA
Exercise Science and Health Promotion
Concentration: Performance Enhancement & Injury Prevention
- Aug 2003 - May 2007** **Bachelor of Arts Degree**
Tabor College, Hillsboro, KS
Major in Athletic Training—CAATE Accredited
Minor in Strength & Conditioning
GPA 3.928
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Professional Experience:

August 2026 – Present

Associate Professor in the Department of Kinesiology

Azusa Pacific University – Azusa, CA

- Course taught in the Kinesiology Department
 - BIOL 230 Anatomy & Physiology Lab I
 - KIN 364 Kinesiology
 - KIN 366 Care and Prevention of Athletic Injuries
 - KIN 560 Sports Medicine
 - KIN 575 Principles of Physical Conditioning

July 2023-August 2026

Associate Professor in the Department of Kinesiology

Program Director, Graduate Physical Education

Azusa Pacific University – Azusa, CA

- Program Director tasks:
 - Review and sign candidate applications
 - Review and sign student graduation forms
 - Review and sign the following APU-generated forms: withdraw/add forms, request to transfer/replace units, academic general petitions, leave of absence, course tutorials/independent study.
 - Address plagiarism and low GPA incidences and consult with the chair about sanctions
 - Address academic probation and dismissals
 - Track and communicate with conditional admits for all programs
 - Track and communicate repeated courses for all programs
 - Assist Co-PD develop strategy for program review outcomes
 - Assist Co-PD with administrative tasks throughout the year including but not limited to: new student orientation, student exit interviews, and program-learning outcomes.
 - Develop recruitment strategies with GPE faculty and Admissions
- Course taught in the Kinesiology Department:
 - BIOL 230 Anatomy & Physiology Lab I
 - FFL 116: Fit for Life: Weight Training
 - FFL 131: Fit for Life: Kinesiology
 - KIN 242 Fundamental Principles of Fitness

- KIN 364 Kinesiology
- KIN 366 Care and Prevention of Athletic Injuries
- KIN 560 Sports Medicine
- KIN 580 Wellness & Fitness for Life

August 2011-May 2023

Associate Professor in the Department of Kinesiology (July '21 – Present)

Assistant Professor in the Department of Kinesiology (July '11 – July '21)

Clinical Education Coordinator of Master of Science in Athletic Training Program (July '15-May '23)

Clinical Education Coordinator of Athletic Training Program (July '11- May '15)

Azusa Pacific University, CAATE accredited – Azusa, CA

- Assist Program Director with maintaining the academic program
- Oversee student clinical progression
- Assign students to athletic training clinical experiences
- Select and evaluate clinical sites and preceptors
- Create professional development opportunities for preceptors
- Assist in the creation of annual compliance reports and self-study documents to maintain program accreditation through the CAATE
- Maintain continuing education requirements and professional organization membership
- Instruct courses in the Department of Kinesiology
 - July 2022 – May 2023
 - AT 541 Nutrition for Active People
 - AT 542 Examination, Diagnosis, & Intervention: Spine & Core
 - AT 547 Clinical Integration III
 - AT 557 Clinical Integration IV
 - AT 564 Seminar in Athletic Training
 - AT 570 Clinical Integration V
 - BIOL 230 Human Anatomy & Physiology I Lab
 - FFL 131 Fitness for Life Kinesiology
 - July 2021 – May 2022
 - AT 501 Foundation of Athletic Training
 - AT 513 Fundamental Skills in Athletic Training
 - AT 528 Clinical Integration I
 - AT 539 Clinical Integration II
 - AT 547 Clinical Integration III
 - AT 557 Clinical Integration IV
 - AT 570 Clinical Integration V
 - July 2015 – May 2021
 - AT 527 Clinical Integration I
 - AT 538 Clinical Integration II
 - AT 547 Clinical Integration III
 - AT 549 Applied Research I
 - AT 557 Clinical Integration IV
 - AT 559 Applied Research II
 - AT 568 Clinical Integration V
 - AT 569 Applied Research II
 - KIN 220 Emergency Care and Clinical Skills
 - August 2011 - May 2015
 - AES 220 Risk Management and Applied Skills
 - AT 102 Foundations of Athletic Training & Applied Exercise Science
 - AT 160 Acute Care of Injury & Illness
 - AT 220 Risk Management
 - AT 240 Observation in Athletic Training
 - AT 242 Practicum in Wrapping, Taping, and Bracing
 - AT 440 Practicum in Therapeutic Exercise and Medical Conditions
 - AT 469 Health Care Administration
 - AT 511 Foundations of Athletic Training
 - BIOL 115 Anatomy & Physiology

August 2014 – Present

Volunteer Athletic Trainer

Azusa Pacific University, Athletic Department, Sports Medicine – Azusa, CA

- Volunteer in the APU sports medicine clinic 2-3 times per week.
- Provide patient care for athletes competing in NCAA Division II athletics.

August 2011 – May 2020

American Red Cross Liaison

Azusa Pacific University – Azusa, CA

- Initiate and oversee all interaction between the Kinesiology Department and the San Gabriel Pomona Valley Chapter.
- Supervise and mentor all Red Cross instructors in the Kinesiology Department.
- Submit all course records.
- Maintain Red Cross instructor certification.

August 2007 – July 2011

Athletic Training Education Program Clinical Coordinator

Assistant Professor of Physical Education ('09-July '11)

Instructor of Physical Education ('07-'09)

Tabor College, ATEP, CAATE accredited - Hillsboro, KS

- Assist TC-ATEP Director with all aspects of clinical education
- Oversee ATEP self-study and site visit for CAATE re-accreditation
 - Granted 10 year accreditation August 2010
- Coordinate the placement of athletic training students with clinical instructors and clinical rotations
- Oversee ATEP freshman application process
- Instruct and evaluate students in Clinical Experience courses
 - PE 125: Practical Introduction to Athletic Training
 - Introduce students to ATEP application process
 - Review/master practical skills learned in PE 220: Care & Prevention
 - PE 242: Clinical Experience 1
 - Mastery of proficiencies from PE 351: Evaluation
 - PE 343: Clinical Experience 2
 - Mastery of proficiencies from PE 352: Evaluation and AT 352: Therapeutic Modalities
 - PE 344: Clinical Experience 3
 - Mastery of proficiencies from AT 315: Therapeutic Exercise
 - PE 445: Clinical Experience 4
 - Mastery of proficiencies from AT 440: Pathology and General Medical Conditions
 - PE 446: Clinical Experience 5
 - Prepare students for the Board of Certification Exam
 - Mastery of proficiencies from AT 435: Administration in Athletic Training
- Ensure athletic training students meet clinical education requirements
- Supervise athletic training students and track clinical proficiencies
- Maintain Continuing Education requirements and professional organization membership
- Instruct Physical Education and Athletic Training Department courses
 - PE 220: Care and Prevention of Athletic Injuries
 - PE 120: First Aid – Responding to Emergencies
 - PE 350: Current Topics in Sports Medicine
 - PE 322: Kinesiology
 - BI 211-G: Human Physiology and Anatomy lab

August 2007 – July 2011

ACCK-Athletic Training Education Program Liaison

Associated Colleges of Central Kansas – McPherson, Ks

- Co-instruct and evaluate students in laboratory portions of didactic classes
 - AT 315: Therapeutic Exercise
 - AT 351: Prevention & Evaluation of Upper and Lower Body Athletic Injuries/illnesses I

- AT 352: Prevention & Evaluation of Upper and Lower Body Athletic Injuries/illnesses II
- AT 430: Therapeutic Modalities
- Assist the Clinical Instructors with clinical courses at the colleges within the Athletic Training ACCK Consortium
 - Bethel College, Newton Ks, CAATE accredited ATEP
 - Bethany College, Lindsborg Ks, CAATE accredited ATEP

August 2007- July 2011

Assistant Athletic Trainer

Tabor College – Hillsboro, Ks

- Assist Head AT in coordinating coverage of selected athletic events, practices, and athletic training room treatments
- Serve as primary AT for women's volleyball and women's basketball

August 2007 – July 2011

Instructor of Professional Rescuer - American Red Cross

Tabor College – Hillsboro, Ks

Bethel College – Newton, Ks

Hillsboro Family Aquatic Center – Hillsboro, Ks

- Instruct Professional Rescuer challenge courses for Athletic Training Students and Lifeguards

August 2007 – July 2011

Instructor of Lay Responder - American Red Cross

Tabor College – Hillsboro, Ks

- Instruct PE 120 First Aid course in which students receive First Aid and Lay Responder CPR certifications

June 2008 – July 2011

Lifeguard

Hillsboro Family Aquatic Center – Hillsboro, Ks

- Instruct a Professional Rescuer Challenge course for all lifeguards
- Prevent and respond to all aquatic emergencies
- Conduct Emergency Action Plan in-services
- Use proper Blood Borne Pathogen protocols
- Assist Water Safety Instructor (WSI) with swimming lessons

January 2007 - May 2007

Strength & Conditioning Intern (240 hours)

Hesston Wellness Center – Hesston, KS

Community Recreation Center – Hillsboro, KS

- Supervise equipment, lead orientations, develop advertisements, perform personal training responsibilities

August 2004 - May 2007

Athletic Training Student

Tabor College, ATEP, CAATE Accredited – Hillsboro, KS

- Obtain 800+ field experience hours in football, volleyball, m/w soccer, m/w basketball, baseball, and softball
- Perform clinical duties: pre-practice/pre-game set-up, taping, first aid, injury evaluations, modalities, rehab & administrative tasks
- Observe medical professionals in off-campus rotations: Physical Therapy, Orthopedic Surgery, Orthopedic Office, and Family Practice

August 2006 - November 2006

Peer Advisor

Tabor College – Hillsboro, Ks

- Participate in freshman orientation
- Advise freshman students

July 2006

Athletic Training Student Intern

Sandhill Orthopedic – Garden City, KS

- Under the supervision of a PT:
 - Administer therapeutic modalities and exercise
 - Observe patient evaluations

February 2004 - May 2006

Peer Tutor

Tabor College – Hillsboro, KS

- Care and Prevention of Athletic Injuries
- Kinesiology
- Anatomy and Physiology
- Exercise Physiology
- Leadership Recreation and Camping
- Administration of Physical Education

Continuing Education Courses:

• FMT Mobility Specialist	Upland, CA	September 17, 2022
• FMT Basic & Advanced Webcast Course	Live Webcast	January 22-23, 2022
• Selective Functional Movement Assessment	Level 1, El Segundo, CA	February 7-8, 2020
• Positional Release Therapy – LE, Spine, Pelvis	The University of Idaho	July 25-26, 2015
• Mulligan Concept -- 13 contact hours	The University of Idaho	July 11-12, 2015
• Total Motion Release, Level 3	Online Course	June 29, 2015
• Primal Reflex Release Technique (PRRT)	Level 1 Training (online)	February 28, 2015
• Total Motion Release, Level 2	Online Course	February 24, 2015
• Primal Reflex Release Technique (PRRT)	Home Study Course (2014)	February 22, 2015
• Total Motion Release, Level 1	Online Course	January 25, 2015
• Primal Reflex Release Technique (PRRT)	Home Study Course (2012)	August 26, 2014
• Myokineshetics – Upper Extremity	The University of Idaho	July 25-27, 2014
• Positional Release Therapy – Upper Extremity	The University of Idaho	July 19-20, 2014
• Mulligan Concept – 13 contact hours	The University of Idaho	July 11-12, 2014

Publications:

- Bonser, R., Hansberger, B., Loutsch, R., **Gendron, C.**, Baker, R.T. (2022). *Fibular Glide Mobilization With Movement for the Treatment of Acute Lateral Ankle Sprains: A Critically Appraised Topic*. International Journal of Athletic Therapy & Training, 27(4), 165-169.
- Hansberger, B. L., Loutsch, R., **Hancock, C.**, Bonser, R., Zeigel, A., Baker, R.T. (2019). *Evaluating the Relationship between Clinical Assessments of Apparent Hamstring Tightness: A Correlational Analysis*. International Journal of Sports Physical Therapy, 14(2), 253-263.
- Bonser, R., **Hancock, C.**, Hansberger, B., Loutsch, R., Stanford, E., Zeigel, A...Cheatham, S. (2017). *Changes in Hamstring Range of Motion Following Neurodynamic Sciatic Sliders: A Critically Appraised Topic*. Journal of Sports Rehabilitation, 26(4), 311-315.
- Hancock, C. L.**, Baker, R. T., & Sorenson, E. A. (2016). *Treatment of Plantar Fascia Pain with Joint Mobilizations and Positional Release Therapy: A Case Study*. International Journal of Athletic Therapy & Training, 21(4), 23-29.

Hancock, C., Hansberger, B., Loutsch, R., Stanford, E., Zeigel, A., Bonser, R.,.....Nasypany, A. (2016). *Changes in Hamstring Range of Motion following Proprioceptive Neuromuscular Facilitation Stretching Compared with Static Stretching: A Critically Appraised Topic.* International Journal of Athletic Therapy & Training, 21(5), 1-7.

Professional Presentations:

- American College of Sports Medicine (ACSM) Annual Meeting, May 2015, Clinical Case Presentation
 - Title: “Acute Pain and Dysfunction of Shoulder Musculature - Football Strong Safety”
 - National Athletic Trainers’ Association (NATA) Clinical Symposium and AT Expo, June 2015, Presentation and Learning Lab
 - Title: “Apparent Hamstring Tightness: Removing Stretching from your Daily Practice”
 - National Athletic Trainers’ Association (NATA) Clinical Symposium and AT Expo, June 2015, Presentation and Learning Lab
 - Title: “Regional Interdependence: Looking Beyond the Location of Pain by Assessing Movement Dysfunction Specific to the Cervical-Thoracic-Shoulder Region”
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Awards and Honors:

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| • Samuel L. Jenkins Scholarship | Spring 2015 |
| • Nominated for the Hiebert Excellence in Teaching Award | Spring 2010 |
| • Summa Cum Laude – Tabor College | Spring 2007 |
| • NATA Research and Education Foundation Scholarship | Fall 2006 |
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Professional Certifications:

- Certified Athletic Trainer – BOC Certification May 31, 2007; #050702203, NPI: 1346745023
 - Basic Life Support for Healthcare Providers—American Red Cross
 - First Aid – American Red Cross
 - Instructor in Basic Life Support for Healthcare Providers – American Red Cross
 - Instructor in Professional Rescuer – American Red Cross
 - Instructor in Lay Responder: First Aid/CPR/AED – American Red Cross
 - Fascial Movement Taping (FMT) Basic & Advanced - Rocktape
 - Performance Enhancement Specialist – National Academy of Sports Medicine
 - Corrective Exercise Specialist – National Academy of Sports Medicine
 - Fitness Nutrition Specialist – National Academy of Sports Medicine
 - Selective Functional Movement Assessment, Level 1 – Functional Movement Systems
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University Service:

- Master’s Studies Council – Member (Fall 2024 – Present)
 - Master’s Studies Council – Chair, Standards and Policies sub-committee (Fall 2020 – Spring 2023)
 - Diversity Ambassador – Center for Diversity, Equity, and Inclusive Excellence (Spring 2021)
 - Athletics Advisory Committee (Fall 2016 – Spring 2021)
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Memberships:

- Far West Athletic Trainers’ Association (FWATA)
- National Academy of Sports Medicine (NASM)
- National Athletic Trainers’ Association (NATA)

References

Dr. Jennifer Livingston, PhD, ATC

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