

Christina Owens, M.S.

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Adapted Physical Education Specialist

Education

M.S. Degree: Kinesiology
California State Polytechnic University, Pomona

Credentials: Single Subject Physical Education and
Adapted Physical Education
California State Polytechnic University, Pomona

Primary Degree: B.S. Kinesiology with a Pedagogy Emphasis

Secondary Degree: B.A. Liberal Studies Kinesiology Concentration
California State Polytechnic University, Pomona

Certifications

Nonviolent Crisis Intervention
Certified

First Aid, CPR and AED
Current

Teaching Experience

Adapted Physical Education, Pomona Unified School District, 2005 - Current
Grades Pre-Kindergarten through 8th grade

- Using numerous teaching strategies and styles to teach a variety of students with disabilities including Autism, Visual and Hearing Impairments, Learning Disabilities, Traumatic Brain Injury, Down Syndrome and Orthopedic Impairments.
- Experience teaching in the inclusion setting.
- Using visual, verbal and tactile cues to teach content standards meeting students' Individual Education Program goals and objectives.
- Experience utilizing a multiple assessment tools.
- Experience writing and implementing Individual Education Programs.

Adjunct Faculty, Azusa Pacific University, Azusa. 2016 – Current

- Preparing future adapted physical education teachers
- Teaching Methods for Students with Disabilities

Lecturer Faculty

- Teaching future physical educators and sports medicine majors in the Kinesiology and Health Promotion department in both the lecture and activity settings.
- Life Span Motor Development
- Adapted Physical Education Fieldwork
- Behavior Management in Physical Education
- Assessment in Physical Education
- Program Development and Implementation in Physical Education

Supervision of Clinic Practice, 2017

- Provide support to University students developing and implementing adapted physical education programs in the public school setting.

Master Teacher Adapted Physical Education, Pomona Unified School District, Currently. Grades Pre-Kindergarten through 8th grade

- Supervise and mentor an Adapted Physical Education student teacher in planning, teaching and reflecting of daily lessons and assessments.

Support Provider, Beginning Teacher Support and Assessment, Pomona Unified School District, 2008-2009

- Mentored preliminary credentialed physical education teachers on the job to support professional growth to fulfill the requirements for the California Clear credential.

Research Experience

Head Research Assistant, S.T.O.P. Type 2 Diabetes, University of Irvine, July 04–January 05

Prevention of Type 2 Diabetes in Middle School Students

- Researched 6th grade students at TeWinkle Middle School measuring their physical activity levels, attitudes about physical education, health and nutrition.
- Physical Education Technological Instruments used included heart rate monitors, pedometers, accelerometers.

Professional Contributions

Co-Director, National Adapted Physical Education Conference, November 2019

- “Heroes, Serving Our Students Every Day.”

Presenter, CAHPERD State Conference, February 2019

- “60 Minutes of Specially Designed Physical Education”

Presenter, National Adapted Physical Education Conference, November 2018

- “Literacy in Action”

Presenter, Pomona Unified School District Elementary Physical Education Staff Development

- “Working with Students with Special Needs”

Presenter, PUSD Paraprofessional Training

- “How to Support Students in the General Physical Education Setting”

Adapted Physical Education Guidelines in California Schools, 2011

- Adapted Physical Education Specialist Caseload Data

Presenter, National Adapted Physical Education Conference, November 2008

- “Using Your Noodle and Other Great Ideas”

Presenter, National Adapted Physical Education Conference, November 2007

- Research results presented, An Analysis of Caseloads of Adapted Physical Education Specialists in California

Presenter, Staff Development Day, Armstrong Elementary, February 2007

- Provided Standards based physical education activities to staff, “Play Hard, Play Fair, Play Safe”

Professor for a day, Cal Poly Pomona, February 2006

- Lectured undergrad Kinesiology students about Adapted Physical Education.

Presenter, National Conference on Physical Activity for the Exceptional Individual, November 2004

- Demonstrated the Motor Skills Inventory (MSI) Assessment to professional physical educators.

Presenter, CAHPERD Middle School Conference Cal Poly Pomona, February 2002

- Instructed middle school physical education professionals of new and creative warm up activities.

Research**Interests**

Alternative assessments for lower performing students in physical education
Programming - Object control skill improvement to bust student performance
Programming - Core Strength improvement to bust student performance

Grants Awarded

Serving Learning Mini Grant 2018

- Using Technology for Assessment

Pomona Host Lion Club Mini Grant 2012-2013

- Using Technology with Junior High Adapted Physical Education Students

Memberships

California Association for Health, Physical Fitness Recreation and Dance, 1999 - current