

Kathleen McGinnis PT, DPT, OCS  
Physical Therapist  
kmcginnis@apu.edu

**Education:**

PhD in Rehabilitation and Movement Science  
Azusa Pacific University  
Azusa, Ca  
September 2020-present

Physical Therapy Orthopedic Residency  
Kaiser Permanente Baldwin Park  
Baldwin Park, Ca  
February 2018- February 2019

Doctor of Physical Therapy  
Azusa Pacific University  
Azusa, Ca  
January 2015- December 2017

Bachelors of Science- Physiological Science  
University of California, Los Angeles  
Los Angeles, Ca  
September 2010- June 2014

**Licensure:**

Licensed Physical Therapist: California License No.294460; valid through January 30, 2026.

Board Certified Orthopedic Specialist, American Board of Physical Therapy Specialties. Cert. July 2019.

## **Work Experience**

Assistant Professor  
Azusa Pacific University, Department of Physical Therapy  
Azusa, Ca  
April 2025-present

Staff Physical Therapist  
Casa Colina Hospital and Centers for Healthcare  
Pomona, Ca  
December 2020- present

Staff Physical Therapist  
Kaiser Permanente Panorama City  
Panorama City, Ca  
February 2020- December 2020

Adjunct Faculty  
Azusa Pacific University, Department of Physical Therapy  
Azusa, CA  
September 2019-2025

Adjunct Faculty  
Azusa Pacific University, Department of Kinesiology  
Azusa, CA  
January 2019-December 2019

Physical Therapist  
Kaiser Permanente Baldwin Park  
Baldwin Park, Ca  
February 2019- February 2020

Physical Therapy Clinical Specialist Resident  
Kaiser Permanente Baldwin Park  
Baldwin Park, Ca  
February 2018- February 2019

## **Professional Memberships**

Member of the International Association of Dance Medicine and Science, 2023-present

## **Presentations**

McGinnis K. Physical therapy considerations for pregnancy and labor and delivery. Casa Colina Hospital and Centers for Healthcare. March 13, 2025.

Humphrey A, McGinnis K, Karim A. *Irish dance screening tools: A systematic review*. International Association of Dance Medicine and Science. Columbus, OH. October 13, 2023.

McGinnis K, Bibb R, Peterson N, Shito T, Hanna M. *The effect of gluteus medius activation on the technique and performance of a one repetition maximum deadlift*. Kaiser Permanente. February 2, 2019.

Walsh K. *Watch your step: Balance retraining in an Irish dancer with chronic ankle instability*. Azusa Pacific University. May 31, 2017.

## **Courses**

Azusa Pacific University- Doctor of Physical Therapy

PT 701- Human Anatomy (Spring 2019, Spring 2021, Spring 2023)

PT 703- Clinical Neuroscience (Fall 2019, Fall 2020)

PT 572- Pharmacology (Summer 2020)

PT 774- Capstone I (Spring 2023, Fall 2023, Fall 2024)

PT776- Capstone II (Spring 2023, Fall 2023, Fall 2024)

Azusa Pacific University- Department of Kinesiology

BIOL 230- Human Anatomy and Physiology (Spring 2019, Fall 2019)