

SIGMA THETA TAU INTERNATIONAL

The Honor Society of Nursing lota Sigma Chapter Newsletter

Fall, 2004

GREETINGS FROM YOUR NEW PRESIDENT, KATHLEEN TAYLOR

Chapter Officers and Leaders

President: Kathleen Taylor

Vice President President Elect

KeyAward Chair: Marilyn Klakovich

Immediate Past President:Cathy McPheeSecretary:Viann DuncanTreasurer:Janice BarlowFinance Chair:Diana Lugo-ZennerEligibility Chair:Renee PozzaArchivist:Phyllis EsslingerStudent Intern:Gena FaveroNewsletter:Phyllis Gallagher

In This Issue

Page2

The 15th International Nursing Research Congress, Dublin Ireland

Page3

Iota Sigma Structure 2004-2005

Page 4

An Archivist: Who and What's That? Welcome To Our New Student Intern My Info Search

Page 5 Mark Your Calendars Nominations/Recommendations

Page 6 Member News Walk To Conquer Alzheimer's Disease Calling All VIPS

Page 7 to 9 Nursing Odyssey 2004 Conference

Page 10 Knowledge Quest It is with great humility that I greet you, fellow members of the Iota Sigma Chapter of the Honor Society of Nursing, Sigma Theta Tau International. As I take on the role of President, for the Iota Sigma Chapter, I am amazed at the diversity of our very active membership. Where else but in nursing can we belong to the same professional organization, yet represent so many different sectors of healthcare? A sampling of our membership includes, but is not limited to:

- · Acute care hospital nursing administrators, some on national task force for patient care
- · Military reservists, serving us and our country
- Nurse attorneys, interpreting legalise for us in a variety of venues
- School nurses, serving on county, state, and national specialty organizations
- Nurse practitioners, serving on county, state, and national specialty organizations
- Clinical nurse specialists, serving on county, state, and national specialty organizations
- New BSN graduates, student leaders demonstrating their leadership skills in their new staff positions
- · Nurses becoming portrait artists and authors
- Nurse leaders, winning awards for multidisciplinary interaction
- Nursing faculty, initiating APU's new Master's Level Program "SCAN" (Second Careers and Nursing)
- Nursing faculty, presenting research findings in the U.S., Canada, Norway, Ireland, Korea, etc.
- Nursing faculty on the planning committee and presenting at the October 21, 22 Southern California Chapters Coalition Nursing Odyssey 2004 Charting a New Course in Nursing
- · Missionary nurses serving around the world in developing countries
- Self-employed nurses, serving on committees such as the State of California Business Advisory Board and the Advisory Committee for Statewide Regional Health Occupational Resource Center Curricula Design for Community Colleges

In future issues of this newsletter, we will present articles written by and for our members. Also, look for a description of our new Chapter Governance Structure which creates opportunities for short-term service on task forces and in leadership roles. We welcome updated information about our members, including pictures of your involvement with task forces, and your presence at up-coming Iota Sigma events. Keep your eyes on the Iota Sigma Chapter and Sigma Theta Tau International's web pages for updated information.

Last, but certainly not least, I do want to thank our immediate past President, Cathy McPhee for all of her work over the past years, and her continuing mentoring of me and other new Iota Sigma members. With Cathy's stellar leadership, Iota Sigma Chapter is well on its way to achieving the coveted Chapter Key Award at the 2005 Biennium, November 2005 at Sigma Theta Tau International Headquarters, Indianapolis, Indiana.

Also, I want to thank Phyllis Gallagher for her many years as Iota Sigma Newsletter editor. As the Newsletter Editor position transitions into a task force, Phyllis G. is looking at other opportunities in our Chapter. Thus, if anyone would like to take the lead in preparing one of Iota Sigma's 3 yearly newsletters, please let us know. THANK YOU, Cathy and Phyllis for your service and dedication to Iota Sigma and Azusa Pacific University.

Your President, Kathie Taylor

THE 15TH INTERNATIONAL NURSING RESEARCH CONGRESS DUBLIN IRELAND

Submitted by Marilyn Klakovich, President Elect, and Vice President

Dr. Felicitas dela Cruz and I were fortunate to have our abstract accepted for a podium presentation at the 15th International Nursing Research Congress in Dublin Ireland, on July 24, 2004. Our presentation was titled: Validating the Interpersonal Communication Assessment Scale (ICAS) and was based on the national study that we conducted to develop and refine an instrument to measure communication competencies in undergraduate and graduate nursing students. The presentation was well-received, and nurses in other countries and other states in the United States expressed interest in using the ICAS in their nursing schools. This will be a wonderful opportunity for us to collaborate with other schools to do further testing and refinement of the ICAS.

The research congress was definitely an "international" event with attendees from 27 countries around the globe. Those represented were: Australia, Brazil, Canada, England, Finland, Germany, Hong Kong, Ireland, Israel, Japan, Jordan, Korea, Malaysia, Mexico, Netherlands, New Zealand, Northern Ireland, Pakistan, Peoples' Republic of China, Saudi Arabia, Scotland, Singapore, South Korea, Sweden, Taiwan, Thailand, and United States. A highlight of the conference was a multinational induction of 45 nurses to the honor society.

The conference was an amazing opportunity to network with nurses from around the world. If you would like to attend the 2005 conference, mark your calendar for the 16th International Nursing Research Congress and Third International Evidence-Based Nursing Preconference is slated for 13-16 July, 2005, at the Hilton Waikoloa Village on Hawaii's Big Island. Abstract submissions are currently being accepted through 15 December 2004, for both the congress and preconference.

You can find the call for abstracts and submission guidelines http://www.nursingsociety.org/events/16 INRC main.html

If that is a bit too far off time and distance wise, there is still time to register for Nursing Odyssey 2004: Charting A New Course In Nursing to be held October 21 and 22, 2004 at the Hanalei Hotel in San Diego Mission Valley. Please visit our website for conference information and a registration form at http://www.apu.edu/iotasigma/conference/

Hope to see you all there!

IOTA SIGMA STRUCTURE 2004-2005

Elected Officers/Board:

President 2004 Kathleen Taylor
President Elect 2004 Marilyn Klakovich
Vice President 2004 Marilyn Klakovich
Secretary 2004 Viann Duncan
Treasurer 2004 Janice Barlow
Faculty Counselor 2000 Renee Pozza
*Student Leadership Intern Gena Favero

Standing Committees (elected members) and their functions:

Governance Committee: Leadership Succession:
1. Faculty Counselor 1. Student Leadership Intern

2. Past President

3.

By-Laws Nominating Function

Eligibility Orientation

Finance (quarterly reports) Member Involvement

Scholarship / Awards Archives

Research Mentoring

Fundraising Leadership Intern

Additional Standing Committees:

1.) Member Involvement

- a. The member involvement committee shall oversee member collaboration, communication (Website & Newsletter) and recognition and report to the Board on a monthly basis.
- b. The member involvement committee shall consist of at least 3 appointed members.

2.) Key Award

October

- a. The Key Award Committee shall oversee the key award progress and monitor required documentation compliance and make recommendation to the Board bimonthly.
- b. The Key A ward committee shall consist of at least 1 appointed member.

Proposed Task Forces:

July Annual Report

By-Laws Review due odd years; 8/07

August Fall Newsletter (#1)
September Alzheimer's Walk
Research Odyssey

Preliminary Induction (Room/Speaker)

December Winter/Spring Newsletter (#2)

January Student Information Session for February

Eligibility

Induction

February Annual Meeting & By-Laws Vote

Final By-Laws Submission 3/1/05

March Faculty/Staff Appreciation Luncheon March - Cookie Lea Jewelry Fundraiser

Scholarships and Awards

April APU Recruitment Fair

May Finance Review/Audit (2006) June Summer Newsletter (#3)

(Submitted by C. McPhee June 2004 Revised September 2004)

AN ARCHIVIST: WHO AND WHAT'S THAT?

By Phyllis Esslinger

Well, all chapters of Sigma Theta Tau should have one, and Funk and Wagnall say it is one who keeps archives- you know, public records and where they are kept. Now, let us turn to the STT job description, which includes three functions: (1) to procure a place to keep records, (2) to gather the records and preserve them, and (3) to annually update the history of the chapter. You think these are simple to perform, but not quite!

This is the first year that we have had an active archivist in our chapter, yours truly. And actually, I agreed to the position since I thought "What a piece of cake!" – a joke! My first endeavor was to seek a place to keep the records-not an easy feat! Of course, the logical place was the School of Nursing, but members of the faculty are already sitting in each other's laps. Space being a premium and after three months of explorations, I finally acquired a spot in the School of Nursing Library. Next, I needed a large file cabinet that I finally commandeered when the accrediting body left in February. This will be a beginning in housing our records and history. In the future, though, we will need more space.

Once having a space to nest, I turned to securing the chapter records. This is now a problem that I am working on. And much to my surprise, I am finding them in numerous places. Fortunately, Anita Rosebrough has kept many of them intact in her own home. However, it is time to bring them all together so we have an actual archive.

Now to face the third function, that of the historical update. Alas, at first I thought only of a written update, a sort of summary of all that has happened- a kind of diary. This was easy, since our then president, Cathy McPhee, presented this at our installation luncheon and 15th birthday celebration. However, I realized that there is much more to this than meets the eye. The real job is the preservation of records and memorabilia of the chapter, a major task for the future. All records, photos, and other memorabilia must be organized and preserved in a manner that prevents disintegration. So far, this endeavor has forced me to take three workshops on archiving, just an initiation into archiving! But that's who and what archiving is.

WELCOME TO OUR NEW STUDENT INTERN

We are happy to introduce *Gena Favero*, a senior nursing student at Azusa Pacific School of Nursing, who will serve as our Student Intern this year. Gena is a super student who is aiming for a career in pediatric nursing at UCSF after graduation. She will help us to stay in contact with our student members and prospective members.

MY INFO SEARCH

Did you know about another *free benefit* you have as a member of The Honor Society of Nursing, Sigma Theta Tau International? You receive a free weekly update by e-mail containing listings and reviews of new literature related to nursing. You can also link from the update to read reviews and purchase books on-line. To access My Info Search, log onto www.nursingsociety.org.

MARK YOUR CALENDARS

October 2, 2004	Alzheimer's Memory Walk 2004, Hollywood Racetrack 9:00 a.m. to noon
October 5, 2004	JobSeek Knowledge Quest Health Care Career Fair, free CEUs (see brochure in this newsletter)
October 11, 2004	Iota Sigma Board Meeting, APU School of Nursing Library 5:30 p.m.
October 21 & 22	Research Conference, Red Lion Hotel, San Diego (See brochure in this newsletter)
October 23, 2004	Orange County Chapter National assn. of Hispanic Nurses, Dia de los Muertas Conference- Remedios: Folk Medicine in our Communities, Wyndham Hotel, Costa Mesa Contact Maria Rivera or www.hispanicnurses.org
November 5-6, 2004	Chapter Leader Academy, Indianapolis, Indiana
November 8, 2004	Iota Sigma Board Meeting, APU School of Nursing Library 5:30 p.m.
December 13, 2004	Iota Sigma Board Meeting and Christmas potluck
February 16, 2005	Annual Meeting

NOMINATIONS/RECOMMENDATIONS ARE BEING ACCEPTED FOR:

Vice President of Iota Sigma Chapter

Membership Involvement

Award for Excellence in Nursing Leadership Award for Excellence in Nursing Education Award for Excellence in Nursing Practice Award for Community Service Organization

Why not volunteer yourself or nominate some other outstanding nurse to serve and be recognized for what you do?

MEMBER NEWS

Many of our members are doing outstanding things. Here are a few of them. If we've missed noting your latest achievement, contact us. You can reach Kathie Taylor at kltwtrswmr@aol.com.

Anita Boling is completing her PhD at the Claremont Graduate School in Developmental Psychology and is instrumental in starting the new nursing program at Western University in Pomona, California.

Fely Dela Cruz and Phyllis Esslinger, APU faculty members, developed a Master's Entry Level Program to begin this Fall, 2004 at APU. Second Career and Nursing "SCAN" has 20 incoming students. Dr. Dela Cruz also presented an abstract along with Dr. Marilyn Klakovich in July in Dublin, Ireland entitled "Validating the Interpersonal Communication Assessment Scale."

Maria Rivera participated in both the National Association of School Nurses meeting in Seattle and the National Hispanic Nurses meeting in Las Vegas in July 2004.

WALK TO CONQUER ALZHEIMER'S DISEASE

Please join your friends and colleagues at *Memory Walk 2004* on Saturday, October 2, 2004, from 9:00 a.m. to noon at the beautiful Hollywood Park Racetrack. You'll be doing a fun thing for yourself and for others. Raise consciousness and raise money for research and services in the fight against Alzheimer's . Iota Chapter will be there! For information call Phyllis Gallagher (760) 249 4896 or Gena Favero (408)497 4981.

Other Southern California locations for Memory Walk 2004 are in San Bernardino and Orange Counties. For information on those sites, login at www.alz.org/memorywalk.

CALLING ALL VIPS:

Have you submitted your VIProfile yet? It's easy. Just log on to www.nursingsociety.org/VIP All you need is your member number and a few minutes to list your skills and interests. As The Honor Society of Nursing, Sigma Theta Tau International President Dan Pesut says, we need to identify our skills and interests as we move toward international development of nursing care.

Sigma Theta Tau International Nursing Honor Society

NURSING ODYSSEY 2004 CHARTING A NEW COURSE IN NURSING

October 21 & 22, 2004

San Diego Mission Valley RED LION HANALEI HOTEL



Participating Chapters

Gamma Alpha, Loma Linda University; Gamma Gamma, SDSU; Gamma Tau, UCLA; Iota Eta, CSU Long Beach; Iota Sigma, Azusa Pacific University; Nu Mu, CSU Los Angeles; Omicron Delta, University of Phoenix; Rho Beta, CSU San Bernardino; Xi Theta, CSU Dominguez Hills; Zeta Mu, USD & Point Loma Nazarene University: CSUF Honor Society; CSUN Honor Society

Keynote Speakers

Anthony Minks MSN, RN Chief Nurse Executive/ Assistant Administrator, Kaiser Permanente San Diego "One Year Into The Ratios"

Joan Burritt DNSc, RN Associate Administrator/ Chief Nurse Executive, Scripps Memorial La Jolla "Defining Magnet Status"

> Research Presentations will include: Quantitative, Qualitative and Innovative Projects

THURSDAY PROGRAM 10/21/04		FRIDAY PROGRAM 10/22/04			
7:30-8:30	Registration & Continental Breakfast Exhibitors & Posters	7:30-8:30	Registration & Continental Breakfast Exhibitors & Posters		
8:30-8:45	Welcome	8:30-8:45	Welcome		
8:45-9:45	Anthony Minks MSN, RN	8:45-9:45	Joan Burritt DNSc, RN		
9:45-10:15	Break (Exhibitors & Posters)	9:45-10:15	Break (Exhibitors & Posters)		
Breakout Session I		Breakout Session I			
10:15-11:45	Research Session*	10:15-11:45	Research Session*		
10-15-11:45	Who Moved My Nursing	10:15-11:45	Imperatives For Practice		
	Sevilla, Avilla-Monge & Brehm		Leever, Hill & Goehner		
12:00-1:00	Lunch (Exhibitors & Posters)	12:00-1:00	Lunch (Exhibitors & Posters)		
Breakout Session II.		Breakout Session II			
1:00-2:30	Research Session*	1:00-2:30	Research Session*		
1:00-2:30	Skills of Success:	1:00-2:30	Variety is the Spice of Nursing		
	Putting YOUR Best Foot Forward		Flagg, Croke & Callahan		
	Rutledge, Nick & Sechrist	2:30-3:30	Exhibitors & Posters		
2:30-3:30	Exhibitors/Posters	3:30-4:30	Summation		
3:30-4:30	Debrief the Day		Conference Awards		
	Poster Awards	* See next pa	ige for speakers		

NURSING ODYSSEY 2004 CHARTING A NEW COURSE IN NURSING

OBJECTIVES:

- 1. Promote the goals of the society, to increase nurse leaders and scholars.
- 2. Provide an avenue for dissemination of research, clinical, and educational topics.
- 3. Utilize role models to encourage excellence in students and colleagues of nursing.
- 4. Increase networking opportunities and promote collegiality among local chapters.

RED LION HANALEI HOTEL 2270 Hotel Circle North San Diego, CA 92108

Refer to Sigma Theta Tau Research Conference

Rate \$110 +tax single or double Rate guaranteed until 9/20/04

Reservations call 1-800-700-3328

or on line at www.hanaleihotel.com

Nursing Odyssey 2004 Registration: Tear off and return this section with registration	ion fe
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Make checks payable to: So. Ca. STT Research Fund.

Mail to: Marlene Ruiz, 1574 Penasco Rd., El Cajon, CA 92019.

For more information about the conference check web page http://www.gammagamma.sdsu.edu or e-mail marlene.s.ruiz@kp.org

Cancellation Policy:

No refunds for cancellations after September 25, 2004.				
1	Check one:	Thursday	Friday	Both days
Name	RN	\$110 □	\$110 🗆	\$200 □
Address	Student	\$60 □	\$ 60 □	\$110 □

Refund less \$25.00 processing fee for refunds requested on or before September 25, 2004.

Phone: (Home) _____ Includes program proceedings, breaks & lunch and contact hours. Provider approved by the California Board of Registered Nursing, Provider #00788 for 8

E-mail: _____ contact hours/day.

STTI Member Yes □ No □ Vegetarian Meal Please □

hapter _____ If student, identify school:_____

NURSING ODYSSEY 2004 CHARTING A NEW COURSE IN NURSING

Thursday AM 10:15 to 11:45 Breakout session 1

RESEARCH SESSION

Education/Administration Issues

- a. The Hesi Examination: Benchmarking Outcomes and Predicting NCLEX Success--Ainslie Nibert Menicucci
- b. Keeping Safe-Public Health Nurse's Perceptions-Karen Nielsen
- c. RN to BSN Student's Attitudes Toward Homeless Women-- Min Su Park
- d. Palliative Care Education & Reflective Narratives in Orientation: Strategy to Increase Self-Awareness of Nurses Attitudes Toward Death & Care of Dying--Elizabeth Wessel

EDUCATIONAL SESSION

Who Moved My Nursing

- a. Narrowing the Gender Gap Mark Sevilla
- b. Spirituality as an Antidote to Burn Out-Elizabeth J. Taylor
- Nursing, a Kaleidoscope of caring: the richness of diversity in nursing and in patient populations-Connie Brehm and Virginia Hart-Kepler

Thursday PM 1:00 to 2:30 Breakout session 2

RESEARCH SESSION

Adult Issues

- a. Women's Experiences with Chronic Heart Failure-Denise M. Boren
- b. The Lived Experiences of Elderly Widowers Following the Death of a Spouse-- Dorothy Battersby-Crummy
- c. The Relationship of Childbirth Education Classes and the Obstetric Outcomes among Primiparous Teenage Mothers-- Sherry Hua
- d. Factors Influencing Middle-aged & Older Latin American Women's Participation in Physical Activity--Stephanie Vaughn

EDUCATIONAL SESSION

Skills of success – putting your best foot forward

- a. Putting your pen where your mouth is writing for publication-Dana Rutledge
- b. Go for the gold, how to give a winning presentation-Jan Nick
- Show us the money, successful grant writing-Karen Sechrist

Friday AM 10:15 to 11:45 Breakout session 1

RESEARCH SESSION

Research Methods

- a. Lived Experiences of Latina Women Giving Birth in the United States-- Ana Maria Gallo
- b. Tool Development to Measure the Perception of Adolescent Invincibility-- Mary Crook
- c. An Automated Telephone Response System in a Large Clinical Trial-- Heather Williams
- d. Monitored Six-Minute Wal Responses in Longitudinal Clinical Trial-- Marty Shively

EDUCATIONAL SESSION

Imperatives for Practice

- a. Promatora model: Recipe for Success- Dianne Leever
- b. Building a legacy of quality, evidence-based in education-Katie Hill
- c. Keeping Patients Safe An Imperative for Nursing
 - Elaine Goehner

Friday PM 1:00 to 2:30 Breakout session 2

RESEARCH SESSION

Health Promotion

- a. Predictors for Quality of Care in California Nursing Homes-- Mary Dellefield
- b. Disconnection to Reconnection: A Study of Homelessness and Beyond-- Pamela H. Cone
- c. An Ethnography of Homeless Persons with Serious Mental Illness-- Sharon L. Phillips
- d. To Community & Beyond Building Protective Factors in Foster Youth-- Carrie Bach

EDUCATIONAL SESSION

Variety the Spice of Nursing

- a. Informatics- it's more than E-mail- Joan Flagg
- b. Legal Consultant- Eileen Croke
- c. Genomics in nursing Lynda Callahan

Attn: Nurses! FREE CEU's



HIGHLIGHTING EDUCATIONAL AND CAREER OPPORTUNITIES

PRE-REGISTRATION IS REQUIRED ONLINE BY FRIDAY, SEPTEMBER 10th AT

www.sgvtribune.com/jobseek

Potential Topics include*

- Effective Patient Communication
- □ Coaching Skills
- Managing Change
- ☐ Why Certify?
- ☐ Creating a Culture of Safety
- ☐ Pain Management Update
- ☐ Patient Advocacy
- □ Political Action
- ☐ Conflict in the Workplace
- ☐ Caring for the Caregiver
- ☐ Workplace Violence
- □ Reading and Understanding Research Reports
- ☐ Enhancing Professionalism through Advanced Education
- □ Spiritual Care
- □ Care of Older Adults



Tuesday, October 5, 12:30 p.m.-4:30 p.m. after you complete your "passport" at the JobSeek X Healthcare Career Fair beginning at 10:30 a.m. at the Pomona Fairplex!

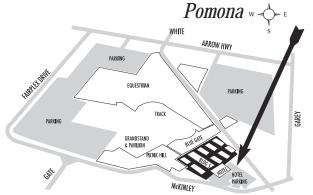




You can earn up to

(A \$100 value!)











*Complete your passport at the career fair to earn up to four free credit hours. Career fair opens at 10:30 a.m. and CEU's begin at 12:30 p.m. CEU topics are subject to change based on availability and interest level as indicated in the pre-registration.





PASADENA STAR-NEWS GARRIE TRIBUNE WHITTIER DAILY NEWS Daily Bulletin

Call the Hotline for more information at

(626) 962-8811 Ext. 2473