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SIGMA THETA TAU INTERNATIONAL



HONOR SOCIETY OF NURSING
Iota Sigma Chapter Newsletter



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Chapter Officers and Leaders

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Jennifer Cooper, MSN, RN

President Elect:

Nicole Ringo, MSN/ED, RN

Vice President:

Patricia Esslin, MSN, RN, CNS,
CNE

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RD, CDE

Research Chair

Marilyn Klakovich, DNSc.,
RN, NEA-BC

Fund Raising Chair:

Kathleen Van Allen, MSN,
RN, CPN

Immediate Past President:

Alison Riggs, MSN, RN, ONC

**Membership Involvement
Chair:**

Lourdes Salandanan, PhD,
MSN, RN-BC, FNP

Leadership Succession Chair:

Anita Boling, RN, MSN,
PhD

Newsletter:

Erin Warner, BSN, RN

APU School of Nursing 10th Annual Research Symposium- 2014
“Applying Research to Practice in a Changing Health Care Environment”



Each year, the school of nursing and Iota Sigma cosponsor a research symposium to:

- Provide an avenue for dissemination of evidence-based research and linkages to clinical applications.
 - Utilize researchers as role models to encourage excellence in students and colleagues.
- Provide networking opportunities and promote collegiality among students and nursing professionals.
 - Provide a forum for students and nurses from the community to present their work.
 - Provide a forum for dialogue and collaboration with service and academic partners, locally and internationally.

Our speakers included :

Patricia McFarland , MS, RN, FAAN (guest speaker)	<i>“California Landscape for Nursing Practice: Implications for Academia and Research”</i>
Three faculty presented a symposium on Genomics	<i>“Personalized Health Care and Translation of Genome Science to Practice”</i>
Gwen Anderson , PhD, RN	<i>“Speaking the Language of Genome Science: RNs Become Genome Literate”</i>
Gail Reiner , DNP, FNP-C	<i>“Collaborative Detective Work: Bench to Bedside”</i>
S. Pamela Shiao , PhD, RN, FAAN	<i>“Epigenetics and Population Health of the World for the Changing Health Care”</i>
Lynn Woods , PhD, RN, APRN-BC, FGSA (faculty speaker)	<i>“Building the Science Behind Biobehavioral Research: The Challenge of Behavioral Symptoms of Dementia”</i>
Vicki Conn , PhD, RN, FAAN (guest speaker)	<i>“Reducing Health Care Costs through Effective Chronic Illness Self-Management”</i>

Almost 900 nurses, students and faculty attended our 2014 event. It was a pleasure to see so many of our Iota Sigma members there. An exciting new feature this year was the use of Twitter, a social media tool, to promote engagement and interactions for the Research Symposium and to field questions from the audience during the event. Members of the planning committee were designated as moderators to monitor questions, and distill/synthesize into 2-3 cogent questions for each speaker. The committee hopes to expand the use of social media for our 2015 event.



Pictured above: Vicki Conn

Picture Below: Patricia McFarland



Exhibitors from Assessment Technologies Institute (ATI), Cardionics, and Medatrax, Inc. displayed their products and shared information during breaks. Congratulations to Paola Paquini, a public health nurse with the LA County Foster Care system who won the Medatrax drawing for an IPAD mini! In addition, our president, Jennifer Cooper, and President-elect, Nicole Ringo hosted an Iota Sigma information table and Jennifer was on hand to present the poster awards.

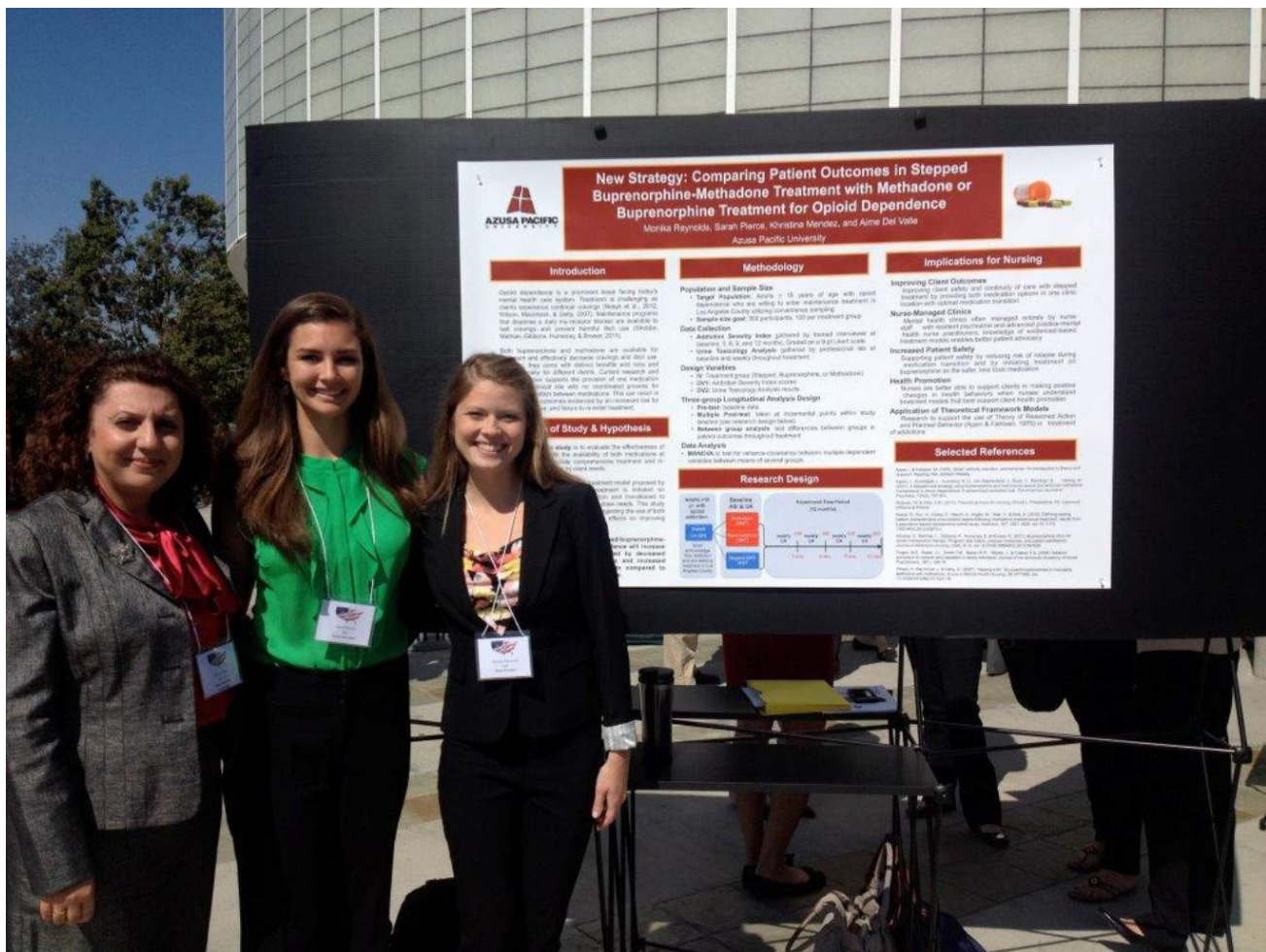


Pictured from left to right:
Jennifer Cooper
and Nicole Ringo

A poster session featured 47 posters submitted by faculty, students and nurses in the community and awards were presented to the following winners:

BSN Students	Amanda Pierick, Elise Aebischer Ellie Rudolph, Amy Stadeli Dana Meskin	<i>Nurses, CPR, & The Well Elderly In Independent Living Facilities</i>
ELM Students	Chandra Bryan, Caitlyn Cornell Eva Bradley, Emmanuel Sevilla	<i>Testing The Effectiveness Of Two Education Packages On Nurses' Knowledge Retention In Hapus</i>
	Jill Friesen, Jeff Altizer, Meredith Kozelchik, Jhonna Lamur	<i>Mobile Technology And The Self-Management Of Diabetes In Adolescents: The Effect On Hba1c Levels</i>
MSN Students	Ashley Eischeid, Kimberly Wilke Petra Coronado, Karen Battenberg	<i>Effective Educational Interventions To Increase Influenza Vaccination Compliance Among Health Care Workers (Hcw)</i>

<p>Doctoral Student</p>	<p>Younglee Kim</p>	<p><i>The Self Care Ability For Health Practices In Rural Hispanic Women Experiencing Depressive Symptoms During Postpartum</i></p>
<p>Community (City of Hope)</p>	<p>Peggy S. Burhenn, Griselda Villegas Jill Olausson, Kathy Kravits, Carolina Uranga</p>	<p><i>Applying Evidenced-Based Practice: The Use of Guided Imagery for Pain Control</i></p>



Pictured from left to right: Najood Azar, Sara Pierce, Monika Reynolds



Pictured above: Kathleen Hawkins

Iota Sigma members participated as poster presenters, poster judges, representatives on the planning committee and volunteers who assisted the day of the event. The planning committee was comprised of Iota Sigma members and faculty (Khaled Alomari, Vivien Dee, Patricia Esslin, Sarah Fox, Nabil Hanna, Catherine Heinlein, Marilyn Klakovich, Tiffany Montes, Bulaporn Natipagon-Shah, Donna Patton, Jane Pfeiffer, and Geoffrey Schroeder).

The day concluded with an Alumni Tea co-sponsored by the Alumni Association of the School of Nursing, Iota Sigma, and the Western Conservancy of Nursing History (WCNH). The tea featured displays by Iota Sigma and WCNH plus tours and demonstrations in the skills and simulation labs.

The annual research symposium stands as an important outreach event for the school of nursing targeting Iota Sigma members, preceptors, nurses in collaborating healthcare facilities, and alumni as well as students and faculty. Please stay tuned for announcements about our 11th annual research symposium to be held spring, 2015 and plan to attend this exciting event. If you have any questions, contact Marilyn Klakovich, mklakovich@apu.edu, Chair, Annual School of Nursing Symposium Planning Committee.

Iota Sigma Induction Ceremony

Azusa Pacific ELM Nursing Students from Cohort 32 were inducted into the Iota Sigma Honors Society Wednesday, April 9th at the first induction ceremony conducted at the San Diego Regional Center. Jennifer Cooper, President of the Chapter and Patricia Esslin, Vice President, welcomed the students to the chapter with a special ceremony including an address by guest speaker, Nicholas Pertler PhD(c). Twelve students were honored: Eva Bradley, Samantha Beveridge, Chandra Bryan, Caitlyn Cornell, Cyrstal Feliciano, Jennifer Francis, Tim Hickey, Alyssa Klapmeier, Nancy Nguyen, Heidi Ogg, Emmanuel Sevilla and Angela Si.



Member Connection Reunion March 2014

About 13 members and the three scholars from China gathered for an informal dinner meeting of the minds in March 2014 with a goal of connecting and networking. Members provided updates on their professional and volunteer endeavors. The event was well-received and we plan to continue with regular Member Networking Reunions in the future.

Spring 2014 Induction

As the APU School of Nursing continues to expand programs at regional sites the need for thinking outside the traditions grows. With the collaboration of SON San Diego leaders and the Iota Sigma Board, the Chapter held its first Spring Induction at the San Diego Regional Center on April 9, 2014 with 12 ELM students accepting the invitation to be inducted as members in our chapter. The chapter President Jennifer Cooper, and Vice President Patricia Esslin represented the chapter board at the inaugural event. Approximately 28 folks attended the celebration. We then held the Azusa Induction in conjunction with our always anticipated Silent Auction on Saturday, April 26, 2012. We inducted 61 present students (115 accepted induction) of varying programs and regional sites along with one community leader attending all the way from the Philippines - Lourdes Marie Sequerra Tejero, Dean of the University of the Philippines, College in Manila. Dean Tejero has led the efforts in establishing the first STTI chapter in the Philippines.

The Saturday Induction luncheon event was well-attended with about 182 in attendance. We continue to strive to meet the needs of our outlying areas. Melody Kulsic MSN, RN, Project Manager III, Nursing Administration, Kaiser Permanente-Fontana, provided an endearing talk on courage and nursing. Additionally, the spring event is particularly special as the chapter awards student scholarships. This year we were able to award six student scholarships for a total of \$6,000 awarded to worthy students from a variety of nursing programs and sites. We also recognized Excellence in Leadership in our Treasurer, Lynda Reed and her new Treasurer role.

The chapter offers many thanks to the Iota Sigma members and community organizations who were able to donate items for the silent auction and raffle. We are grateful for the auction bids and raffle ticket purchases that helped us raise a total of \$1,555 (\$1,121 from our silent auction, \$10 – Brass name plate, \$40 - scholarship donation, and \$384 from our raffle). All of the money raised will go toward funding nursing scholarships. Thank you again for making our fundraising efforts a success and for allowing our chapter to be able to assist worthy students with their education.

Respectfully submitted:
Patricia Esslin, Vice President
Kathy Van Allen, Fundraising Chair

Clinical Corner: Senene Owen, CNS, MSN, NP, APRN, RNC-NIC

Over the past 35 years, Senene Owen, CNS, MSN, NP, APRN, RNC-NIC has been providing nursing care in a variety of healthcare environments. Prior to becoming a nurse, Senene worked at Helen Evan's Home for the developmental and mentally challenged. "I noticed that the nurse was in charge of everything...coordinating care between consultants, administering medications, overseeing the equipment and supplies, scheduling, and providing care to the patients. I was interested in chemistry and decided to become a pharmacist. However, after the first class I knew that wasn't for me and so I went to nursing school." Once Senene became a full-fledged nurse, she was hired by White Memorial Hospital into the Float-pool. Senene's area of interest was the Intensive Care Unit (ICU). She was hired into a ICU three month training program at Methodist Hospital where she worked for 11 years. Senene helped to start the first Open Heart Program as well as be instrumental in the development of neuro and trauma procedures. Methodist Hospital decided to build a Neonatal Intensive Care Unit (NICU) and Senene gladly became part of the development team. "There was a group of 12-15 of us and there literally was an empty shell of the NICU foundation...we went over to Huntington Memorial Hospital for training and began filling up the shell with equipment and patients." Over the years, Senene was a vital component to the NICU team as well as instrumental in integrating and implementation of multiple evidence-based policies and procedures. About 15 years later, Senene entered the CNS/NP program at Azusa Pacific University.

Currently, Senene's role (or should I say multiple roles) at Methodist Hospital is that of a CNS. Senene oversees education for NICU, ICU, Critical Care Unit, and the Observation Unit. Senene develops and works collaboratively with interdisciplinary personnel to oversee hospital policies and procedures. "With all that I do here...the one thing in the forefront that I want to improve is patient outcomes. To me that means that I must do whatever it takes to be a clinical expert, a leader, a mentor, and collaborate with all disciplines. I work backwards...I first research evidence-based practice to identify the desired positive patient outcome. Next, I collaborate with anyone who would be involved in the patient's care. I work with multiple interdisciplinary team members to then formulate the best policy or procedure that will ultimately provide the best outcome for the patient...this is what I like best about my job." "I really think we need to support and mentor our nurses at the bedside by doing whatever I can so that they will become experts themselves...they are on the frontline and have the ability to positively or negatively affect patient outcomes. Innovative delivery education and real-time teaching is necessary to help nurses become more confident and competent.

I love simulation because it allows nurses to practice scary scenarios in a safe environment, reflect, and identify strategies that will improve their practice.”

A day-in-the-life of Senene is as follows:

0600: go to Critical Care Unit to in-service nightshift nurses about the new changes to the epidural policy

0800: go over to Hospital New Employee Orientation and help sign-in people and help the educators with orientation facilitation.

0830: bring materials (that she prepared the night before) and donuts over to the S.T.A.B.L.E class that she is facilitating

0930: go to NICU rounds

1030: back to Hospital Orientation and takes new employees for a tour

1100: back to office to work on various policies and prepare for policy presentations at the

Pediatric Physician Committee Meeting

1230: Pediatric Physician Committee Meeting with policy presentation and discussion

1400: Lectured at S.T.A.B.L.E class

1500: Attend Hospital Safety Rounds

1530: Meet with Critical Care Manager to provide an update about how well the FemStop

in-service went and discuss the up-and-coming simulations at Azusa Pacific University

1600: Go home.



JUNE '14						
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4 Independence Day
10 Transition Meeting
24-28 INRC, Hong Kong

AUGUST '14						
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September '14						
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1 Labor Day
8 Board Meeting
24-27 Leadership Connection
Indianapolis, IN

13 Board Meeting

OCTOBER '14						
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10 Board Meeting
13,14 Odyssey, Ontario
27,28 Thanksgiving

8 Board Meeting
12 Fall Induction

DECEMBER '14						
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JANUARY '15						
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12 Board Meeting

9 Board Meeting

FEB '15						
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MARCH '15						
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9 Board Meeting
9-13 Mid-semester break

5 Easter
13 Board Meeting

APRIL '15						
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MAY '14						
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11 Board Meeting
25 Memorial Day

SIGMA THETA TAU INTERNATIONAL
HONOR SOCIETY OF NURSING
ODYSSEY 2014 CONFERENCE



"Lead Globally, Serve Locally, Transform Regionally"

NOVEMBER 13, & 14, 2014
ONTARIO, CA



Please visit our website for more information on this year's Odyssey conference that Iota Sigma co-sponsors with 14 other southern California chapters. The brochure with registration information is included there as a PDF file.

<http://www.apu.edu/iotasigma/conference/>